



475 Seaview Avenue  
Staten Island, NY 10305

press release

contact Richard Clarke  
telephone (212) 545-7400  
e-mail [rclarke@TheHeartInstituteNY.com](mailto:rclarke@TheHeartInstituteNY.com)

contact Maria Gonzalez Terrazas  
telephone (212) 545-7400  
e-mail [mgonzalez@TheHeartInstituteNY.com](mailto:mgonzalez@TheHeartInstituteNY.com)

for immediate release

**TOP CARDIOTHORACIC SURGEONS FROM ALL OVER THE WORLD LEARN THE  
MCGINN TECHNIQUE AT THE HEART INSTITUTE AT STATEN ISLAND  
UNIVERSITY HOSPITAL (SIUH)**

*— Dr. Joseph McGinn, pioneer and developer of the minimally invasive cardiac surgery/coronary artery bypass grafting (MICS CABAG) or McGinn Technique, hosts for the first time a conference to teach this unique procedure to other doctors —*

(NEW YORK, 25 March 2011)— Today concluded a **two-day Advanced Revascularization Techniques and Technology Program** held for the first time at the Regina M. McGinn Memorial Education Center at Staten Island University Hospital (SIUH.) **The Heart Institute** at SIUH gathered **more than 30 prestigious cardiothoracic surgeons from all over the world** to teach them **minimally invasive cardiac surgery/coronary artery bypass grafting (MICS CABAG)** or the **McGinn Technique**, a unique cardiac surgery technique pioneered by **Dr. Joseph McGinn**, Medical Director of The Heart Institute.

“This is a historic day for The Heart Institute and Staten Island University Hospital. It’s the first time that we taught the McGinn Technique on such a grand scale. This

—more—

technique is the future for cardiothoracic surgery and it is very important that other doctors and hospitals learn how to perform this procedure so they can bring patients back to their lives faster,” said **Dr. McGinn**.

**The McGinn Technique** is an “off-pump” multi-vessel coronary artery bypass surgery. It is much less invasive than traditional bypass surgery because it’s performed through three small incisions rather than the traditional sternotomy. It is performed without breaking the ribs or the breastbone which results in major benefits for the patient like: **less pain, lower risk of wound infection** (zero cases at The Heart Institute) and **minimized scarring** for an improved cosmetic outcome. Most patients leave the hospital within two to three days and resume their normal activities within a couple of weeks.

The **the McGinn Technique** was used for the **first time** by Dr. Joseph McGinn on **21 January 2005** at The Heart Institute. Since then, **626 MICS CABG procedures** have been performed at The Heart Institute (almost 600 by Dr. McGinn himself). The Heart Institute is the only hospital in the New York/New Jersey/Connecticut tri-state area to perform this unique and innovative procedure.

“The Staten Island University Hospital has always been an example of technological advancement. The hospital was run by volunteers and only had 27 beds when it was founded in 1861. Now, as we celebrate our 150<sup>th</sup> anniversary, we have more than 785 beds and a world-class team that leads one of the best health institutions in the country.” Said **Dr. Mark Jarrett**, SIUH’s Chief Medical Officer.

“The logo of the 150<sup>th</sup> anniversary is *Tradition and Vision*, and this is the reason why this conference is so important today: we keep the tradition of taking care of our community and we are envisioning and empowering the future of cardiac surgery through the McGinn Technique,” stated Dr. Jarrett.

For more information, please visit [www.bypasstheordinary.com](http://www.bypasstheordinary.com)