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## **New Study Confirms Minimally Invasive Heart Surgery, The McGinn Technique (MICS CABG), as a Safe and Feasible Procedure**

**STATEN ISLAND, N.Y., Nov. 19, 2013 /PRNewswire/** -- A new study published by [The Journal of Thoracic and Cardiovascular Surgery](#) confirms MICS CABG (minimally invasive cardiac surgery/coronary artery bypass grafting) is a safe and feasible procedure that ensures positive outcomes. Published on Nov 1<sup>st</sup>, the article brings light to the open-heart surgery alternative pioneered by Medical Director and cardiothoracic surgeon, Joseph T. McGinn of [The Heart Institute](#) at Staten Island University Hospital.

The two-year study included 91 participants between ages 48 and 79 that underwent [MICS CABG](#). Post-operative results illustrated 92% of participants were free from angina, a condition of severe pain in chest or any other part of the body due to lack of blood supply to the heart. Furthermore, none of the patients experienced any aortic complications, repeat revascularizations, cerebrovascular accidents, myocardial infarctions or death.

"The positive results of The McGinn Technique, MICS CABG, study should encourage cardiologists to recommend this minimally invasive technique to their patients," said Dr. McGinn. It also clears out many concerns that patients may have about undergoing heart surgery including pain, long recovery time and other post-surgical complications such as deep wound infections.

Dr. McGinn pioneered the procedure in 2005 and has perfected it with [The McGinn Technique](#) (Proximal Anastomosis), which is an off-pump MICS CABG procedure that reduces trauma on the aorta. He has been teaching the procedure around the world and to surgeons that come to Staten Island University Hospital through [Medtronic's Peer to Peer](#) cardiac training program. To date, over 250 cardiothoracic surgeons have been trained and several perform the procedure in major heart centers worldwide.

For more information on the study, MICS CABG, The McGinn Technique, or Dr. Joseph T. McGinn please contact Richard A. Clarke at 917.868.1407 or at [RClarke@theheartinstitute.com](mailto:RClarke@theheartinstitute.com).

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#### About The Heart Institute

The Heart Institute opened in 2001 and operates at the North Campus of [Staten Island University Hospital](#) at 475 Seaview Avenue. It is one of the nation's leading heart hospitals known for its pioneering techniques in heart surgery, angioplasties and electrophysiology (Afib) in addition to its most advanced diagnostic technologies, post-surgical outpatient care and cardiac prevention programs. The Heart Institute offers a structural heart program composed of a multi-disciplinary team of heart specialist that offer innovative solutions to defects and diseases in the structure of the heart. They focus on medical treatments for atrial septal defects (ASD), ventricular septal defects (VSD), patent foramen ovals (PFO), and mitral insufficiency. The program also offers TAVR (transcatheter aortic valve replacement), a groundbreaking procedure used for patients with severe aortic stenosis. Staten Island University Hospital is part of the [North Shore – LIJ Health System](#)